

# October 2023



CATHOLIC EDUCATION:

# WE ARE ONE

#### **Parish Information**

St. Mary's Church
Our Lady of Assumption
Parish

Father Luke Kopaniak 133 Murray Street Brantford, ON N3S 5P8 519.753.7316

www.marybrantford.com

# St. Peter School News

175 Glenwood Drive, Brantford, ON N3S 3H1

519.752.1611 ● www.stpeterbrantford.ca ● Zone 4

Principal: Mr. Lucas Boluk • Secretary: Mrs. Glenna Bennett



#### **FROM THE PRINCIPAL'S DESK:**

What a start to the year! Fall has arrived and we have been blessed with beautiful weather. During our first month back at school students and staff settled into routines and are working hard. We are continuing our Dynamic Classroom Management principles with the collaborative development of rules and expectations in each classroom. This has helped each classroom to get off to a productive start. If your child has not yet told you about their classroom expectations, please ask them about it.

At St. Peter, we are a dedicated, faith-filled, Catholic education community who are stronger together. Staff is encouraging students to think about how they can continue to bring Catholic values into their daily lives.

In Canada and at St. Peter School, we have so much to be thankful for. I hope that you have a relaxing Thanksgiving weekend with time spent with friends and family.

God Bless,

Lucas Boluk

#### CHANGE 4 CHANGE CAMPAIGN—now until October 10th

At St. Peter's, we believe in fostering a sense of community and instilling the values of compassion and generosity in our students. With this in mind, I am excited to announce our upcoming "Change 4 Change" campaign, which aims to make a meaningful difference in the lives of those less fortunate in our community.

This year, we have chosen to support the Six Nations Food Bank, an organization that provides essential assistance to individuals and families in need. We view this as the first of several opportunities to extend a helping hand to our community friends. To kickstart this campaign, we have sent home Zip Lock bags with the hope that you will consider contributing any spare change or monetary donation.

Your support, no matter how small, can go a long way in making a positive impact on the lives of those who rely on the Six Nations Food Bank. Together, as a united St. Peter's community, we can make a difference.

Thank you for your generosity and commitment to building a stronger, more compassionate community.

#### CHOCOLATE BAR FUNDRAISER—ends October 10th

Please return all unsold bars and/or payment in SCO as soon as you are finished selling. Once everything is tallied and accounted for, the main prizes will be awarded.

Thank you to those who have supported this annual fundraiser. All of our students will benefit from your participation!

#### Hallowe'en Parade Walk—Tuesday, October 31, 2023

We will, be having our annual Hallowe'en Parade, starting at approximately 9 am on October 31st. The students and staff will be walking from St. Peter School, along Glenwood Drive, up Locks Road, down Colborne Street and back to the school. All students in Grades JK - 8 participate.

The generic permission form you signed at the start of the year, through School Cash Online, covers this activity.

Children are to wear their costumes to school. Costumes must not conflict with our Catholic values. Costumes are to be modest and school appropriate. No blood or gore are to be worn at school. Violent accessories such as knives, guns, spears, and swords are **not** permitted at school. Masks may be worn during the parade if they do not obstruct a student's ability to see, however, they must be put away for the remainder of the day. Following the parade, students will return to their rooms for class activities.

Please do NOT bring treats from home to share with the class.

## **LUNCH DAYS - optional**

The ordering calendar has been launched. Be sure to register in School Cash Online to see the orders. Instructions are posted on the school website.

Wednesdays— Big Box Pizza (includes gluten free option)

Fridays— Rotation of Mr. Sub & La Bottega

#### NOTE:

If your child happens to be absent on a lunch day, and you have ordered a lunch, we will not be able to keep it for the next day. We ask that you let us know by 1:00 pm on the lunch day, if you want it given to someone specifically or if you will be picking it up at the end of the school day.

If there is a sibling at school we will send it home with them, otherwise we will give it away at our discretion or dispose of it. We are not able to guarantee the quality or safety in storing the food overnight.

Please understand that the safety of our students is our biggest concern.

However, if you know in advance you may be able to cancel your order through Lunchbox Orders directly.

#### **PARENT COUNCIL NEWS:**

The next meeting will be a virtual meeting on Tuesday, October 17th. All are welcome to join in and find out what we are about and share your ideas on upcoming events. Here is the link to use on Oct. 17th:

Click here to join the meeting

Welcome to our Council: Chair & Co-Chair Shannon Celi & Jane Plant

Secretary Stephanie Mitchell Treasurer Sharon Rayner

We have 2 hot dog days scheduled: Monday, October 16th and Tuesday, October 31st (Halloween)

Payment must be made through SCO.

# **Dress Code Reminder**

Modesty and common sense are the main guidelines for the dress code that is in place. Schools rely upon the good judgment and support of parents/guardians in helping their children determine appropriate wear for school.

The BHNCDSB believes that proper dress for pupils helps to create a positive and safe Catholic learning environment consistent with the mission and values of the Board. The responsibility for meeting the expectations of the Dress Code is primarily that of the parents/guardians of the students.

All students attire must be in keeping with our Catholic teachings and beliefs, reflect principles of modesty, and shall not include the following:

- Short shorts/skirts, bare midriffs, halter tops, tank tops, etc.;
- Accessories such as spiked bracelets/necklaces or any externals not in keeping with the spirit of the dress code, as determined by the local school; and/or
- Language and/or representation on attire that indicates gang affiliation and/or depicts violence, profanity or discrimination of any kind whatsoever or that otherwise demeans an identifiable individual or group.

#### **IMPORTANT DATES:**

October 3 - PA Day — no school

October 9 - Thanksgiving Day—no school

October 10 - Fundraiser ends—all unsold bars and/or money are due

- Change 4 Change donations are due

October 13 - Gr. 7 & 8 Immunizations (consent form sent via email from BCHU)

October 27 - Photo Re-takes

October 31 - Halloween activities (morning parade)

November 4 - Progress reports go home

November 17 - P.A. Day — no school

December 25—January 5th - Christmas Break

January 8, 2024 - School resumes

#### A MESSAGE FROM THE BRANT COUNTY HEALTH UNIT

### **Head Lice**

#### What are head lice?

Head lice are tiny insects that live on the scalp, where they lay eggs. They do not jump, fly, swim, or live on cats and dogs.

Head lice are common in school aged children. They are not a health concern or a communicable disease. They are also not associated with illness or poor hygiene.

#### **Symptoms**

- tickling or itchy feeling on the head.
- feeling something moving in hair.
- frequent scratching the head.

#### How do I know if my child has lice?

In very bright light look behind ears near the neck and close to the scalp for small insects moving in hair (lice), and small eggs (called nits) that are attached to the hair near the scalp.

How to prevent lice

Lice spread from one person to another when there is close head-to-head contact or when items that have touched the hair of someone who has lice are shared.

Do not share personal items such as:

- brushes and combs
- hair bands, ties, and elastics
- head phones
- hats or helmets
- scarves or towels

#### **Treatment of Head Lice**

Lice shampoo products have been shown to be the most effective method for getting rid of head lice.

Before using and head lice shampoo product, read the product inserts and carefully follow the instructions on the package.

For non-chemical treatment options, speak to your doctor, pharmacist or health care provider. Also, speak to your health care provider if your child has head lice and:

- is under 2 years old
- has a seizure disorder
- has lice or nits on their eyebrows and eyelashes
- has open sores or wounds on the scalp
- has allergies

#### **Cleaning Your Home**

Head lice can live up to 24 hours off the head. Pay special attention to items that directly touch the head such as hats, pillowcases, car seat covers, combs and brushes.

Wash these items in hot water and dry them in a hot dryer for at least 15 minutes or store the items in an airtight plastic bag for 2 weeks.

Reference: Head lice infestations: A clinical update, Canadian Pediatric Society, September, 2016

For more information please contact the BCHU re: Infectious Diseases at 519-753-4937 ext. 454

# ALLERGY ALERT!

There are students in our school with life threatening allergies to peanuts and tree nuts. Even a trace amount from peanut/nut products or food that has come in contact with a peanut/nut source (cross contamination) can result in a life threatening anaphylactic reaction. The most serious reactions include respiratory difficulties and blockage of the airways, which if not medicated immediately, can lead to death.

To provide the minimized allergen environment, we need the support and cooperation of you, the parents/guardians and the school community. Students are asked to bring lunches and snacks free of peanuts and tree nuts as well as products that have the "may contain peanuts/tree nuts" warning on them. Please read labels before sending food to school. Keep in mind not all packaging is clearly labeled with the warning. Truly, this is a life saving measure. If you have caregivers who provide your child with lunches or snacks we encourage you to share this information with them.

When bringing a treat to celebrate a special event, we encourage non-food items so all students can participate in the celebration. Unfortunately we are not able to share food items brought into the school by students for the whole class.

#### NUT ALLERGY HELP (Understanding what to look for)

When identifying whether or not food is safe to send in school lunches, there are a few things to look for:

#### **READ THE LABELS!**

That means there should be **NO** tree nuts & peanuts in the ingredients (read them!)

The item should also be made in a TREE NUT & PEANUT FREE FACILITY.

The label can NOT say "May Contain Nuts" or "made on equipment that also processes nuts", or anything similar.

#### DON'T BE FOOLED BY SYMBOLS!



The symbol on the left indicates "peanut free", but not necessarily "tree nut" free so read the ingredients to be sure! Each company's standard of school safe is different so read the ingredients to be sure!



Anaphylaxis Canada recommends reading all labels instead of just reading the symbols.

#### Remember that peanuts and tree nuts are NOT the same thing.

**Peanuts:** a member of the legume family and not related to tree nuts.

Tree Nuts: Almonds, Brazil Nuts, Cashews, Chestnuts, Hazelnuts, Hickory Nuts,

Macadamia Nuts, Pecans, Pine Nuts, Pistachios, Shea Nuts and Walnuts.

We realize this request may require added planning and effort on your part when packing your child's lunch and snacks; however, we wish to express our sincere appreciation for your support and cooperation to keep our students safe. We cannot guarantee a nut free environment for students nor an "allergen free" area at our school, but with your help we can make our school as safe as is reasonably possible in this regard.